

Crossing the Threshold Program Overview:

Once you answer the call and register, you will receive an invitation email with links to the 5 Zoom classes, along with an invitation to create an intention letter, registration forms, a packing list and more details about our time together on the land. All online gatherings will take place on a Monday at 6:30pm.



July 27 - Zoom Gathering - Introductions - South - Fire - Summer - Raw Emotions

- **Meet your cohort and facilitators and begin to set intentions for this 4-month journey.**
- Severance, Threshold, and Incorporation
- Inner Circle
- Introduction to Fire Element
- What is burning within, ready to emerge and be released?
- Reimaging what's possible - Feeding your passion
- Art Invitation - Exploration with self-made charcoals

Aug 10 - Zoom Gathering - West - Water - Autumn - Descent

- **Preparation: Gear and Supplies**
- Reflections on Fire Element practices
- Explore the Water Element
- Invitation to connect with your local watershed and plant allies
- Art invitation - Working with watercolors and flow

Aug 24 - Zoom Gathering - East - Air - Spring - Spirit - Mystery

- **Preparation: Mind/Body Health**
- Reflection on the Earth element
- Introduction to the Air Element
- Speaking your truth - Finding your voice
- Exploring the spaciousness of the sky within
- Art Invitation - Working with nature inspired art, music and poetry

September 7 - Zoom Gathering - North - Earth - Winter - Community - Sharing Gifts

- **Preparation: Safety on the Land**
 - Reflection on Air Element practices
 - Introduction to Earth element
 - Art invitation - Wood sigils
 - Fasting
 - Final preparation for Land ceremony - Logistics
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On-the-Land: September 11-16, 2026

Friday Day 1: Arrive | Set up | Evening circle | Fire (if possible)

Saturday Day 2: Intention Council | Choosing Sacred Solo Spot | Self-Generated Ceremony Council | Physical Plane Safety Council | Evening Meal | Favorite Fears & Excitements

Sunday Day 3: Cross the Threshold for Solo Ceremony at Dawn

Monday Day 4: Solo Ceremony - day/night #2

Tuesday Day 5: Return to Base camp in Morning | Grounding Ritual/Eating (Break Fast) | Story Council & Mirroring | Desert Dance Party

Wednesday morning Day 6: Incorporation Council | Beauty Basket | Depart mid-day

(You will receive a more detailed agenda closer to the time)

October 12 - Zoom Gathering - Post-Ceremony Integration and Incorporation

- Going Forth with Intention and Resiliency
- How to Stay Awake ~ Remembering the Sacred