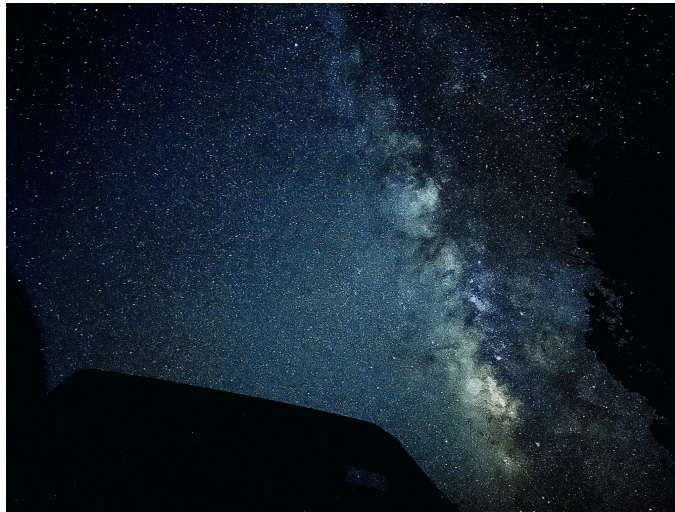


## RE-ENCHANTMENT AND GRATITUDE DAY: DARKNESS



**We mark this day to honor Darkness** as a vital energy and season.

**How you conduct your Re-Enchantment and Gratitude Day is up to you** and those you create with: **It may be as simple as slowing down and giving a moment and a breath of gratitude as you greet and acknowledge Darkness and its gifts.**

Or you may choose to spend some time with Night, set an intention, read a poem celebrating darkness, sit and listen, create an altar, or conduct a ceremony.

**Invoke your own intuition and natural, inherent ritual intelligence.**

Below is a simple blessing. It can be spoken out loud or silently. Feel free to shape it in a way that feels authentic to you. **Part of the re-enchantment is speaking directly with our more-than-human kin, a re-who-ing of the world of which we are but one type of person.**

## **DARKNESS BLESSING**

*Beloved Darkness, we honor you.*

*With this small offering of words and energy,  
may you hear our gratitude.*

*We recognize and honor you as a vital half of Life.*

*You teach us that Dark is of equal importance as Light.*

*You teach us the importance of balance and natural cycles.*

*You teach us that Darkness can be beautiful and marvelous,  
rich and magical.*

*You demonstrate that there is much medicine and wisdom  
in that which is not seen.*

*You remind us of our deep inter-dependence and interconnectivity  
in the wider web of animacy.*

*May your gifts be felt.*

*May you thrive and the community of Life you support  
continue to thrive.*

*May we remember your sacredness.*

*Beloved Darkness, we honor you.*